

Feast Summer Menu (Book via www.feast.org.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
29th July @ TBC	30th July @ TMC	1st Aug @ SJS	2nd Aug @ SPT	
Chicken Tray Bake and Couscous	Sausage Plait and Potato Wedges	Burgers in a roll with Salad	Jacket Potatoes with Various fillings	
Chocolate Brownies and Fruit	Pancakes	Chocolate Brownies and Ice cream	Flapjacks and Fruit	
5th Aug @ TBC	6th Aug @ TMC		9th Aug @ SPT	
Sausage and Mash				
Pineapple Upside Down Cake	Roast Chicken Dinner			
12th Aug @ TBC	13th Aug @ CCT	15th Aug @ SJS	16th Aug @ SPT	
Pasta with Ham and Peas	Cottage Pie and Veg	Jacket Potatoes with Various Fillings	Pasta and Meatballs	
Fruit Mousse	Yoghurts and Fruit	Trifle or Apples	Fruit Crumble	
19th Aug @ TBC	20th Aug @ TMC		23rd Aug @ SPT	
Spaghetti Bolognaise	Jacket Potatoes with Various Fillings			
Fruit and Ice cream	Fruit Muffins			
	27th Aug @ TMC	29th Aug @ SJS	30th Aug @ SPT	
	Lasagne and Garlic Bread	Sausage, Mash and Peas	Pizza	
	Trifle	Shortbread Biscuits and Ice Cream	Jelly and Ice Cream	

TBC = Tonbridge Baptist Church

TMC = Tonbridge Methodist Church

CCT = Christ Church Tonbridge

SJS = St John's URC Sevenoaks

SPT = St Philip's Tonbridge