

Strategic Overview of Curriculum Health & Social Care

Curriculum Intent

The aim of the Health and Social Care curriculum at Aylesford is to equip students with specialist knowledge, understanding, and skills for everyday use and to meet the needs of individuals across a range of health, social care and early years settings.

Health and Social Care as a subject has never been more important as it is now in modern society. Students will look at a range of different health, social care and child care settings, and activities will be both theoretical and practical.

The curriculum develops an understanding of the skills and qualities required to influence care and empowers students through encouraging independence and creativity; providing tasks that engage with the most taxing aspects of the National Curriculum (including Values of Care and the current legislation requirements) and the importance of softer skills such as communication to ensure individuals right to independence and dignity.

Health and Social Care equips our students to discover the impact of positive and negative human development and to critically analyse how these factors affect our day to day lives. Health and Social Care enables students to explore areas that influence how we develop throughout life stages and in turn raise expectations of how we can live successful and healthy lives now and in our future.

Health and Social Care Learning Journey



H&SC in Sixth Form

- All Aylesford Sixth Form we offer a L3 Health and Social Care course.
- The exam board is currently OCR.
- The qualification is the equivalent to 1 A Level.
- The course is called a Cambridge Technical in Health and Social Care.
- It is made up of 6 units over 2 years.
- 1 of these units are mandatory and stipulated by the exam board, 5 of these are optional units which are chosen by your teacher.
- There is 1 externally assessed exam and 3 internally assessed coursework units.
- The beauty of these optional units is they can be tailored towards students needs.
- It is marked as Pass, Merit, Distinction & Distinction*.

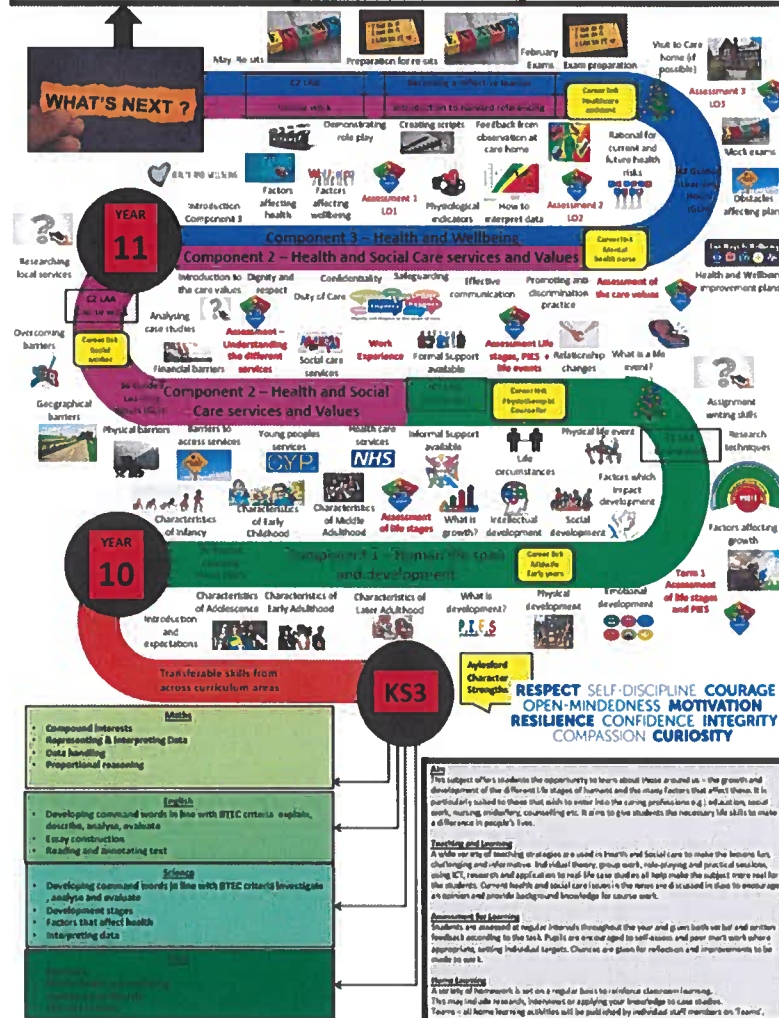
Where Can I go With this Qualification?

- University
- Apprenticeship
- Full Time Work
- College
- Higher Level Apprenticeship
- Scholarship

"Commit yourself to lifelong learning. The most valuable asset you'll ever have is your mind and what you put into it." (Brian Tracy)

Some H&SC/Childcare career pathways

Healthcare Assistant	Early Years Practitioner (Nursery nurse)
Carer	Nursery Assistant
Social Worker	Teaching Assistant
Nurse	Childminder
Midwife	Nanny
Paramedic	Primary School Teacher
Support Worker	Residential Childcare worker
Youth Worker	Primary Teacher
Radiographer	Counsellor/Therapist
Physiotherapist	
Lecturer/Teacher	





Year 10 Health and Social Care Curriculum					
Subject Intent	The aim of the Health and Social Care curriculum at Aylesford is to equip students with specialist knowledge, understanding, and skills for everyday use and to meet the needs of individuals across a range of health, social care and early years settings. Health and Social Care as a subject has never been more important as it is now in modern society. Students will look at a range of different health, social care and child care settings, and activities will be both theoretical and practical. The curriculum develops an understanding of the skills and qualities required to influence care and empowers students through encouraging independence and creativity; providing tasks that engage with the most taxing aspects of the National Curriculum (including Values of Care and the current legislation requirements) and the importance of softer skills such as communication to ensure individuals right to independence and dignity.				
Rationale	In an age where our health and social care services are in crisis and crying out for health care professionals, it is even more important for us to ensure that the next generations of young people are well equipped and ready to make life changing decisions in order to impact the society we live in and make lives better by the care that they give to service users. This is echoed in our extensive 'real world' curriculum approach. Students will have a wider understanding about the 'real world' and our health and social care services. and become independent learners who are inquisitive and understand this sector of work. Students will want to go into areas of the sector where there are shortages.				
Topics					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Component 1- 6 different life stages and PIES Growth and Development	Component 1- 6 different life stages and PIES Growth and Development	Component 1- Different Factors (expected & unexpected) that affect Growth and Development	Component 1- Changes in Life Circumstances	Component 1- Different types of support	Component 2- Health Conditions and different types of services for different individuals
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Formative Assessment in class	Formative Assessment in class	Component 1- LAA External Synoptic Assessment	Formative Assessment in class	Component 1- LAB External Synoptic Assessment	End of Year Assessment
Homework - This will be a mixture of extended writing, research, real life case studies and addressing misconceptions					



Year 11 Health and Social Care Curriculum						
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Topics						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
Component 2- Services for Children, Adults and individuals with needs	Component 2- Barriers that prevent access to services	Component 2- Skills, Attributes and Values of Professionals	Component 2- Potential Obstacles	Component 2- Benefits of support and Exam Practice	N/A- Students will be complete	
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
Formative Assessment in class	Formative Assessment in class	Component 2- LAA External Synoptic Assessment	Formative Assessment in class	Component 2- LAB External Synoptic Assessment	N/A	
Homework - This will be a mixture of extended writing, research, real life case studies and addressing misconceptions. Exam Practice & Exam Revision will be key						

Health & Social Care References

Key Stage 2 National Curriculum

Students do not study Health and Social Care at KS2, however there will be some links from the PSHE and RSHE curriculum. For example, Sex education, relationships and healthy living and the KS2 Science curriculum- life cycle of humans.

PSHE covers topics such as mental and physical health, relationships, and well-being, which are essential for children's development and preparedness for secondary school. The curriculum emphasizes the importance of healthy lifestyle choices, including nutrition, exercise, and safety, which directly impacts students' physical and mental health.

This integration helps children navigate their personal and social development effectively, fostering a holistic approach to health and well-being.

Key Stage 3 National Curriculum

Students do not study Health and Social Care at KS3, however there will be some links from the PSHE and RSHE curriculum. For example, Sex education, relationships and healthy living. There will also be links to Biology/Science and Sport in terms of the body and how it works.

Health and social care is integrated into the KS3 curriculum to equip students with essential knowledge and skills for everyday use. The curriculum aims to develop an understanding of the skills and qualities required to influence care and empower students through independence and creativity. It also focuses on the importance of communication to ensure individuals' rights to independence and dignity.

The curriculum includes the development of digital skills to remove barriers to learning and the appreciation of health and social care in the development of skills for life and employability. It builds confidence by achieving potential academically and in life and the employment market.

Key Stage 3 students learn about effective care in various health, social, and child care settings, including the development of children through to older adulthood. They explore health conditions that can impact developmental milestones and promote inclusion of all in society, especially those with medical and learning needs.

The curriculum also emphasizes inclusive care, maintaining rights and values of care, and understanding the needs of the wider community. It provides knowledge organizers as part of homework to support the retrieval and embedding of knowledge in long-term memory.

Overall, health and social care is a core component of the KS3 curriculum, providing students with the knowledge and skills necessary to navigate health and social care settings effectively and contribute positively to society

KS4 BTEC Level 2 Tech Award in Health and Social Care

[Specification - Pearson BTEC Level 1/Level 2 Tech Award in Health and Social Care 2022](#)

[Explain Exam Questions | BTEC Tech Award Health & Social Care Revision](#)

[Livestream - YouTube](#)

[BTEC Health and Social Care - Pearson Level 2 Tech Award 2022 - Component 3](#)

[Health and Wellbeing Flashcards | Quizlet](#)

Further reading and national bodies

[Home - Office for National Statistics](#)

[Legislation.gov.uk](https://www.legislation.gov.uk)

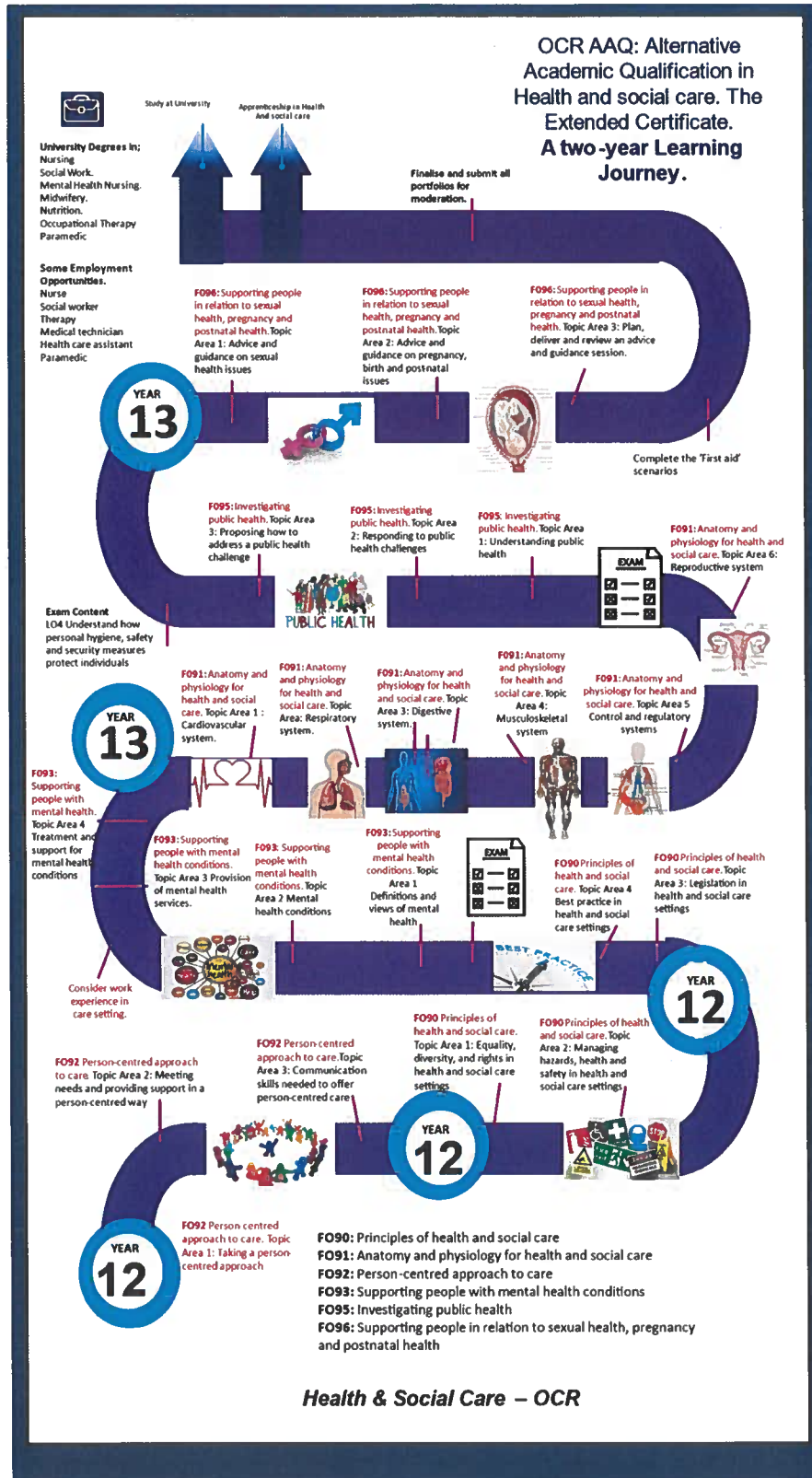
[Types and indicators of abuse: Safeguarding adults - SCIE](#)

[Types of child abuse | NSPCC](#)

[Service Finder - NHS England Digital](#)



KS5 H&SC Curriculum



KS5 year 12 Health and Social Care Curriculum						
Subject Intent	The aim of the Health and Social Care curriculum at Aylesford is to equip students with specialist knowledge, understanding, and skills for everyday use and to meet the needs of individuals across a range of health, social care and early years settings. Health and Social Care as a subject has never been more important as it is now in modern society. Students will look at a range of different health, social care and child care settings, and activities will be both theoretical and practical. The curriculum develops an understanding of the skills and qualities required to influence care and empowers students through encouraging independence and creativity, providing tasks that engage with the most taxing aspects of the National Curriculum (including Values of Care and the current legislation requirements) and the importance of softer skills such as communication to ensure individuals right to independence and dignity.					
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Topics						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
F092- Person Centred Approach- Topic Area 1: Taking a person-centred approach	F092- Person Centred Approach- Topic Area 2 & 3: Meeting needs and providing support in a person-centred way	FO90 Principles of health and social care. Topic Area 1: Equality, diversity, and rights in health and social care settings Topic Area 2: Managing hazards, health and safety in health and social care settings	FO90 Principles of health and social care. Topic Area 3: Legislation in health and social care settings. Topic Area 4: Best practice in health and social care settings and social care settings Assessments	F093: Supporting people with mental health conditions. Topic Area 1 Definitions and views of mental health. F093: Supporting people with mental health conditions. Topic Area 2 Mental health conditions support for mental health conditions	F093: Supporting people with mental health conditions. Topic Area 3 Provision of mental health services. F093: Supporting people with mental health. Topic Area 4 Treatment and support for mental health conditions	
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
Formative Assessment in class (Mock Interviews)	F092- External Moderation NEA	Formative Assessment in class	Formative Assessment in class	F090- External Exam	F093- External Moderation NEA	
Homework - This will be a mixture of extended writing, research, real life case studies and addressing misconceptions. Exam Practice & Exam Revision will be key						



KS5 year 13 Health and Social Care Curriculum						
Subject Intent	The aim of the Health and Social Care curriculum at Aylesford is to equip students with specialist knowledge, understanding, and skills for everyday use and to meet the needs of individuals across a range of health, social care and early years settings. Health and Social Care as a subject has never been more important as it is now in modern society. Students will look at a range of different health, social care and child care settings, and activities will be both theoretical and practical. The curriculum develops an understanding of the skills and qualities required to influence care and empowers students through encouraging independence and creativity, providing tasks that engage with the most taxing aspects of the National Curriculum (including Values of Care and the current legislation requirements) and the importance of softer skills such as communication to ensure individuals right to independence and dignity.					
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Topics						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
F091: Anatomy and physiology for health and social care. Topic Area 1: Cardiovascular system. F091: Anatomy and physiology for health and social care. Topic Area 2: Respiratory system.	F091: Anatomy and physiology for health and social care. Topic Area 3: Digestive system. F091: Anatomy and physiology for health and social care. Topic Area 4: Musculoskeletal system. F091: Anatomy and physiology for health and social care. Topic Area 5 Control and regulatory systems.	F091: Anatomy and physiology for health and social care. Topic Area 6: Reproductive system. F095: Investigating public health. Topic Area 1: Understanding public health	F095: Investigating public health. Topic Area 2: Responding to public health challenges. F095: Investigating public health. Topic Area 3: Proposing how to address a public health challenge	F096: Supporting people in relation to sexual health, pregnancy and postnatal health. Topic Area 3: Plan, deliver and review an advice and guidance session. F096: Supporting people in relation to sexual health, pregnancy and postnatal health. Topic Area 2: Advice and guidance on pregnancy, birth and post-natal issues	F096: Supporting people in relation to sexual health, pregnancy and postnatal health. Topic Area 1: Advice and guidance on sexual health issues	
Assessments						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
F091 Formative Assessment in class	F091- Formative Assessment in class.	F091- External Exam	F095- External Moderation NEA	F095, F096- External Moderation NEA	F096- External Moderation NEA	
Homework - This will be a mixture of extended writing, research, real life case studies and addressing misconceptions. Exam Practice & Exam Revision will be key						

Health & Social Care References

Key Stage 2 National Curriculum

Individuality and Identity

In KS2, pupils learn about:

- What makes people unique
- Respecting differences between people
- Developing self-awareness and self-esteem
- Understanding that everyone has different strengths, interests and experiences.

Relationships and Respect

KS2 Relationships Education teaches:

- Caring friendships
- Respectful relationships
- Families and support networks
- Empathy and kindness.

Health and Wellbeing

Primary pupils learn:

- Physical health
- Mental wellbeing
- Healthy lifestyles
- Managing emotions.

Equality, Diversity and Inclusion

At KS2, children learn:

- Respect for differences
- Inclusion
- Treating people fairly
- Challenging stereotypes

Person-Centred Approaches

Although KS2 pupils are not taught the term "person-centred care", they are taught:

- Respecting individual choices
- Understanding feelings
- Listening to others
- Recognising individual needs.

Key Stage 3 National Curriculum

Identity, Individuality and Self-Concept

KS3 Students explore:

- Personal identity
- Self-esteem
- Influences on behaviour
- Values and beliefs
- Diversity within society

Through PSHE and wider curriculum learning, students begin to understand:

- Who they are
- What influences them



- How identity develops

Equality, Diversity and Inclusion

KS3 Students learn:

- Protected characteristics
- Discrimination
- Prejudice
- Stereotyping
- Respect for diversity

Students discuss:

- Racism
- Sexism
- Disability discrimination
- Social inclusion

Mental Health and Emotional Wellbeing

KS3 Students explore:

- Emotional wellbeing
- Stress
- Resilience
- Self-esteem
- Healthy coping strategies

Relationships and Communication

KS3 Students learn:

- Healthy relationships
- Communication skills
- Respect and consent
- Conflict resolution
- Empathy

Rights, Responsibilities and Citizenship

KS3 Students learn:

- Human rights
- Responsibilities
- Democracy
- Fairness
- Social justice

Person-Centred Approaches

KS3 Students learn:

- Respecting differences
- Listening to others
- Empathy
- Understanding different perspectives

KS4 BTEC Level 2 Tech Award in Health and Social Care

[AAQ Health Social Care H025 H125 Spec cvr v6.0 CV1.pdf](#)

[Cambridge Level 3 Advanced National in Health and Social Care \(AAQ\) Revision Guide - Eboru Publishing](#)

Further reading and national bodies

[Home - Office for National Statistics](#)

[Legislation.gov.uk](#)