

WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	NOODLE BAR SATAY CHICKEN PHO 🍷	NOODLE BAR SPICED VEGETARIAN PHO 🌱 🍷	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🌱 🍷 Roasted Indian Chickpea Salad 🌱 🍷 SANDWICHES/BAGUETTES: Egg Salad Sandwich 🌱 Chicken Salad Sandwich Cheese and Pickle Baguette 🌱 Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap 🌱 BBQ Chicken Wrap Chicken Caesar Wrap
TUE	BURGER BAR BEEF BURGER With Garlic and Herb Wedges and Corn on the Cob	BURGER BAR BEETROOT AND FETA BURGER 🌱 🍷 With Garlic and Herb Wedges and Corn on the Cob	
WED	HOT DELI ROAST PORK AND STUFFING With Roast Potatoes, Vegetables and Gravy	HOT DELI ROAST QUORN 🌱 With Roast Potatoes, Vegetables and Gravy	
THURS	STREET CHICKEN KATSU 🍷 🌱 Served with Wholegrain Rice and Nut Free Satay Sweetcorn	STREET MACARONI CHEESE 🌱	
FRI	FRIDAY FAVOURITES SOUTHERN FRIED CHICKEN GOUJONS With Chips, Baked Bean and Peas	FRIDAY FAVOURITES VEGGIE BURGER 🌱 With Chips, Baked Bean and Peas	

🌱 Vegetarian 🌱🌱 Vegan 🐟 Oily Fish 🌾 Wholegrain 🍷 Nutritionist's Choice
 Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE	SPICE IS NICE	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad SANDWICHES/BAGUETTES: Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	CHICKEN TIKKA RICE BOX	SPINACH AND CHICKPEA DAHL Served with Yellow Rice	
TUE	TEX MEX	TEX MEX	
	MEXICAN BEEF ENCHILADA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	VEGETABLE FAJITA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	
WED	HOT DELI	HOT DELI	
	ROAST CHICKEN With Roast Potatoes, Vegetables and Gravy	ROAST QUORN With Roast Potatoes, Vegetables and Gravy	
THURS	PAN-ASIAN	PAN-ASIAN	
	CHICKEN KOTTU ROTI BOX	SOYA YAKISOBA	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS Served with Chips, Baked Beans and Peas	CHEESE AND ONION SLICE Served with Chips, Baked Beans and Peas	

WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL BEEF BOLOGNESE 🍷 🌿 With Wholewheat Pasta and Mixed Salad	FEASTIVAL TIGER BHAJI BURGER 🌱 🍷 Served with Baked Spiced Wedges and Mixed Salad	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🌿 🌱 🍷 Roasted Indian Chickpea Salad 🌱 🍷 SANDWICHES/BAGUETTES: Egg Salad Sandwich 🌱 Chicken Salad Sandwich Cheese and Pickle Baguette 🌱 Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap 🌱 BBQ Chicken Wrap Chicken Caesar Wrap
TUE	PAN-ASIAN MANDARIN BBQ PORK 🌿 Served with Pineapple Rice and Nut Free Satay Sweetcorn	PAN-ASIAN SWEET AND SOUR VEGETABLES 🌱 🌿 🍷 Served with Pineapple Rice and Nut Free Satay Sweetcorn	
WED	HOT DELI ROAST TURKEY With Roast Potatoes, Vegetables and Gravy	HOT DELI STICKY BBQ PITTA 🌱 Served with Herby Diced Potatoes and Mixed Salad	
THURS	STREET FIRECRACKER BEEF	STREET TERIYAKI VEGETARIAN WRAP 🌱 🌿 🍷 Served with Wholegrain Rice	
FRI	FRIDAY FAVOURITES SOUTHERN FRIED CHICKEN GOUJONS With Chips, Baked Bean and Peas	FRIDAY FAVOURITES VEGETABLE GOUJONS 🌱 Served with Chips, Baked Beans and Peas	